

Canine Osteoarthritis (OA) Checklist

Your Dog's Name: _____

Your Name: _____

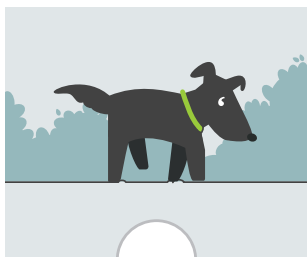


COULD YOUR DOG HAVE OSTEOARTHRITIS?

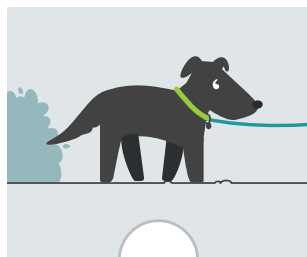
This checklist will help your veterinarian identify your dog's activities and behaviours that might be signs of osteoarthritis (OA), a painful degenerative joint disease.

Is your dog showing signs of OA-related pain?

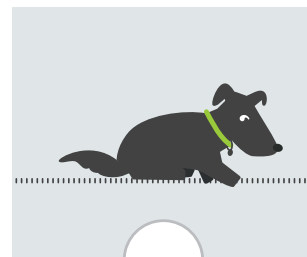
Think about your dog's activity in the past month. Check all of the signs that you've observed in your dog.



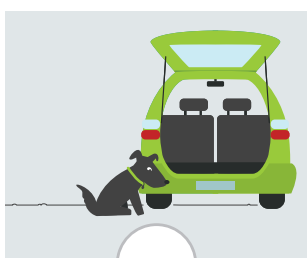
Limping after exercise



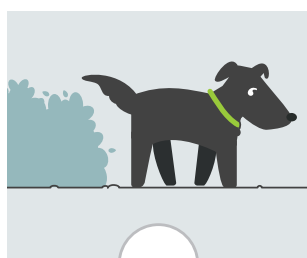
Lagging behind on walks



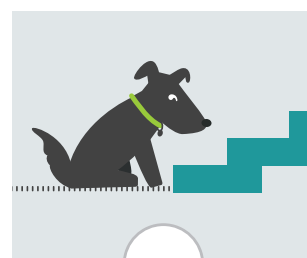
Slow to rise



Difficulty jumping



Feeling stiff



Difficulty with stairs



USE THE QR CODE

to watch animated videos on the signs of OA that your dog may be experiencing.



If you have noticed any of these changes in behaviour or activity, your dog may have OA-associated pain. Share this with your veterinary healthcare team, who will fully evaluate your dog to confirm the diagnosis.

This questionnaire is not a medical diagnostic tool and is not intended to replace discussions with an animal healthcare professional. Discuss medical concerns with your veterinarian.

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OA has both physical and emotional effects.

For a dog, OA can be very painful. And, just like in humans, pain can negatively impact dogs not just physically, but also emotionally.

The good news is that this pain can be managed — you and your veterinarian can work together to develop a treatment plan for your dog.

Think about your dog's behaviour in the past month. This scale helps measure your dog's pain based on how your dog is feeling. For each statement, select the number that you think most accurately describes your dog.

Is your dog ¹ ...	 ↓ My dog couldn't be less	My dog couldn't be more ↓ 					
Energetic & enthusiastic?	0 ☐	1 ☐	2 ☐	3 ☐	4 ☐	5 ☐	6 ☐
Happy & content?	0 ☐	1 ☐	2 ☐	3 ☐	4 ☐	5 ☐	6 ☐
Active & comfortable?	0 ☐	1 ☐	2 ☐	3 ☐	4 ☐	5 ☐	6 ☐
Calm & relaxed?	0 ☐	1 ☐	2 ☐	3 ☐	4 ☐	5 ☐	6 ☐

Sharing additional information can help your veterinary team diagnose and treat OA in your dog.

	YES	NO
1. Do you think your dog shows signs of pain?	☐	☐
2. Have you noticed any changes in your dog's behaviour?	☐	☐
3. Has your dog ever been injured?	☐	☐
4. Have you ever given your dog medication for pain?	☐	☐
5. Has your dog gained weight in the past year?	☐	☐



VIDEO YOUR DOG

Use your phone to video your dog's movements at home — focusing on all signs of OA pain you've marked on the previous page — and share the videos with your vet.



USE THE QR CODE

to see a guide on taking videos of your dog.

Osteoarthritis can affect dogs of all ages, breeds, and sizes. If left untreated, the pain can become worse over time. This checklist is designed to help with the recognition of OA pain. Your veterinary team will review the results of this checklist with you to identify if your dog might be suffering from OA, or to monitor how your dog is doing if he or she is already being treated, to ensure your dog remains happy and active.

Reference: 1. Reid J *et al.*, Measuring the effect of the anti-nerve growth factor antibodies bedinvetmab and frunevetmab on quality of life in dogs and cats with osteoarthritis using a validated health-related quality of life outcome measure: an observational real-world study. *Front. Vet. Sci.* 2024;11:1395360. doi: 10.3389/fvets.2024.1395360.
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